

Learn to Swim Program
Swimming Lesson Schedule
Winter 2010 Session

Participants of the Fall 2009 Session and active members may register beginning:
Monday, January 4, 2010.

Registration hours are: Monday -Friday 6:00a.m. -9:00p.m.
Saturday & Sunday 8:00a.m. - 8:00p.m.

New Student Registration: January 9 at 8:00am

PLEASE NOTE: Registration will be held in the Governor's room from 8am until 12pm. After 12pm, all swim lesson registrations will be taken care of in the gym.

<u>Wednesday Classes</u>	<u>January 20 - March 17</u>	<u>Instructor: Ms. Cecilia</u>
5:00pm - 5:40pm	Level I	
5:45pm - 6:25pm	Level II	
6:30pm - 7:10pm	Level III	
7:15pm - 7:55pm	Adult Beginner/Intermediate	
<u>Saturday Classes</u>	<u>January 23 - March 20</u>	<u>Instructor: Ms. Cecilia</u>
9:00am - 9:40am	Parent/Child Aquatics, Level I	
9:45am - 10:25am	Parent/Child Aquatics, Level 2	
10:30am - 11:10am	Preschool I (parent assistant required)	
11:15am - 11:55am	Preschool I (parent assistant required)	
12:00am - 12:40pm	Preschool II	
12:45am - 1:25pm	Level I	
1:30pm - 2:10pm	Level I	
2:15pm - 2:55pm	Level II	
3:00pm - 3:40pm	Level II	
3:45pm - 4:25pm	Level III	
4:30pm - 5:10pm	Level IV	

Private Lessons: Individual instruction provided at your convenience. Schedule in person or call the club during regular business hours.

<u>Fees:</u>	<u>Members Discount</u>	<u>Nonmembers</u>
Private Lessons: 4 (30 min.) sessions:	\$109.00	\$119.00
Parent/Child Aquatics through Preschool I:	\$65.00	\$70.00
Preschool II through Adult:	\$70.00	\$75.00

The registration fee is nonrefundable and nontransferable

Thank you for your support and participation!

Inclement Weather Policy & Class Cancellation Policy

- o Evening classes - please call the facility after 3:30 p.m.
- o Saturday morning classes -please call the facility after 8:45 a.m.
- o Classes may be cancelled or delayed due to thunder or lightening.
- o Any classes that may be cancelled due to weather, instructor, or the facility will be made up on the same day and time at the end of the session or on another date as agreed.

Pool Rules

1. The Health Department requires that showers be taken prior to entering the pool.
2. Participants must wear a bathing suit. Street clothes are not permitted in the pool. No T-shirts, please.
3. Infants and toddlers must wear a swim diaper.
4. Swimmers must not have any bandages, open wounds, cuts or sores.
5. Swimmers may not have gum or candy while in the pool.
6. Food and alcoholic beverages are not permitted on the pool deck.
7. No running, diving, or horseplay in or around the pool.
8. Individuals must be at least 18 years of age to enter the Hot Tub.
9. The Colony South Fitness & Sports Club is not responsible for lost, stolen or missing property.
10. Children must have a *Kids Club Membership* in order to utilize the pool before or after their lesson.

Splash Pass

- o Current swim lesson participants may purchase a Splash Pass, which allows practice time during Open Swim hours.
- o The pass is valid during the swim lesson session in which the student is participating.
- o Please refer to the Splash Pass schedule for available practice times.
- o Parental supervision required.